



CMR COLLEGE OF ENGINEERING & TECHNOLOGY

(AUTONOMOUS)

NAAC Accredited Institution with 'A' Grade

Kandlakoya (V), Medchal Road, Hyderabad -501401.

To

18.04.2016

The IQAC coordinator
CMR College of Engineering & Technology
Kandlakoya
Medchal.

Sir,

Sub: **Annual Report of the Student Counseling Centre** for the year 2015-16. Regarding.

The Student Counseling centre in the year 2015-16 has conducted the following Programmes according to the original schedule decided in the first SCC meeting held on 4th of July 2015--

Sl. No.	Date of the Event	Dept./Committee	Name of the Event	Details
1	10.07.2015	Student Counseling Centre	An Awareness Programmeson Anti-Drugs Day to promote Right Conduct	The aim of the Programmesis to promote right conduct by avoiding use of drugs
2	05.08.2015	Student Counseling Centre	Energy Conservation Campaign to promote Community Harmony	The aim of the event is to create harmony in the society
3	07.09.2015	Student Counseling Centre	An Awareness Programmeson Health Consciousness to Promote Social Cohesion	The aim of the Programmesis to create consciousness about health and promoting social cohesion
4	30.09.2015	Student Counseling Centre	An Awareness Programmeson Promotion of World Peace	The aim of the Programmesis to creating peace in the society
5	01.10.2015	Student	An Awareness Programmesabout Promoting Non Violence	The aim of the event is to create awareness

		Counseling Centre		among students about non violence
6	10.10.2015	Student Counseling Centre	Awareness Programmes on Pollution Prevention to create Harmonious Community	The aim of the event is to create harmonious community by pollution prevention awareness.
7	15.10.2015	Student Counseling Centre	White Cane Day: An event to celebrate achievements of differently abled to promote Love	The aim of the Programmes is to celebrate the achievements of differently abled to promote love
8	29.10.2015	Student Counseling Centre	Human Values on attaining Gender Equanimity: Seminar	The aim is to make the students aware how harmful the technology can become if misused and how the basic human values can be
9	01.12.2015	Student Counseling Centre	Aids Day-An Awareness on Prevention of AIDS Disease to promote fair treatment and Love for victims	The aim of the Programmes is creating awareness of prevention of AIDS disease to promote love
10	09.12.2015	Student Counseling Centre	A Programmes on Promoting the Spirit of Patriotism	The aim of the Programmes is to promote the love for the country and people.
11	22.12.2015	Student Counseling Centre	Women's Empowerment: Seminar	The aim is to spread awareness about various policies of the government and other agencies about women

				empowerment.
12	30.12.2015	Student Counseling Centre	"Don't Drink and Drive" Awareness Programme to create Harmonious Society	This Programme aims at creating harmony in the society by promoting don't drink and drive.
13	23.01.2016	Student Counseling Centre	An Awareness Seminar to Eradicate World Leprosy	The Programme create awareness about eradicating Leprosy in the country.
14	25.01.2016	Student Counseling Centre	An Awareness Programme on Indian Constitution.	The aim of the Programme is to create awareness about indian constitution and duties and rights.
15	02.02.2016	Student Counseling Centre	Essay writing competition: Issues of violence against women	The aim is to make the students aware of the issues that girls and women face in all kinds of
16	05.02.2016	Student Counseling Centre	Safer Internet Day Celebrations	The aim of the Programme is to promoting safer use of Internet and creating
17	08.02.2016	Student Counseling Centre	Awareness Programme "Tight Tobacco": To prevent use of Tobacco and promotion of Social Cohesion	The aim of this event is to prevent use of tobacco and promoting social cohesion
18	20.02.2016	Student Counseling Centre	World day of Justice Celebrations	The aim of the Programme is to promote legal system in the world and thus creating human

19	08.03.2016	Student Counseling Centre	Women's Day Celebration: Collage making	The aim was to make the students aware of how the women can be empowered so the world can be a better place to
----	------------	--	---	---

The **outcome** of all these Programmes are that all the students, especially the girl students benefitted from the events and learnt to be more self dependent and develop ethics and values.

The SCC members resolved to continue to work towards the welfare of the students in the coming years too.



S. Fatima Mary
Convener
Student Counseling Centre

Encl: Event Reports

1. An Awareness Programmes on Anti-Drugs Day to promote Right Conduct

By Dr. P. Vijaya Lakshmi
In Seminar Hall on 10th July 2015 at 02:00 PM

Dr. P. Vijaya Lakshmi delivered a lecture on an Awareness campaign on Anti-Drugs day. "Observance of this day aims to raise awareness to fight against the substance abuse as well as the unlawful trade of drugs."



Number of Participants:45

Outcome: Students understood that Listening to children and youth is the first step to help them so that they will grow healthy and safe.

2. "Energy Conservation Campaign to promote Community Harmony"

By Ms. P. Alekhya

In Seminar Hall on 05th August 2015 at 02:00 PM

"Energy conservation is the key element of energy management. We can reduce energy consumption by adopting various ways of energy conservation which includes efficient use of technologies and avoiding energy wastages."



Number of Participants:53

Outcome: Students now aware of the importance of Energy consumption and realized their individual wastage towards utilization of Energy in their regular habits.

3. “An Awareness Programmes on Health Consciousness to promote social cohesion”

By Ms. P.Alekhyia

In Seminar Hall on 7th Sep 2015 at 02:00 PM

The students were sensitized about the importance of personal hygiene before and after eating and exercising daily and the importance of playing sports and inculcating other *healthy* habits to avoid falling sick.



No of participants: 46

Outcome: Students learned how health-conscious signifies one's concern about practices that are beneficial for maintaining good health.

4. An Awareness Programmes on Promotion of World Peace.

By Ms. Swapna

In Seminar Hall on 30 September 2015 at 02:00 PM

Speaker spoke about establishing a culture of peace for the future generation which will be exposed to the consequences of war and social injustice.



Number of Participants:56

Outcome: Students have realized the importance of peace between countries for harmonious living.

5. An Awareness Programme About Promoting Non-Violence

At
Block-II, auditorium on 01-10-2015 at 02:00 PM.

BY

Mr. Syed Rafeeq

“Non-violence is the personal practice of being harmless to self and others in any condition” he said.



No. Of Participants:65

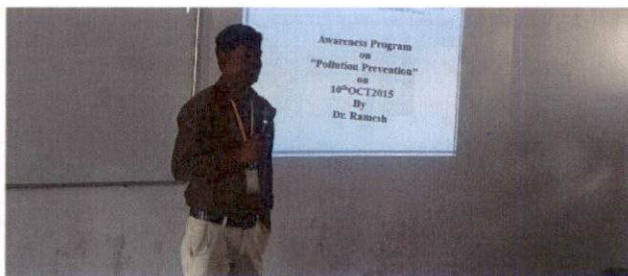
Outcome: Students understood that how knowledge strengthens our conviction and deepens our wisdom and makes us peace loving citizens.

6. Awareness Programmes on Pollution Prevention to create Harmonious Community

by Mr. Ramesh

In Seminar Hall on 10th October 2015 at 02:00 PM

He spoke about the five types of pollution are water, air, noise, and light. Each type of pollution affects the environment and people in various ways. Pollution levels are as high as they are due to human consumption and their interaction with the world causing destruction to the earth and all species living on earth.



Number of Participants:70.

Outcome: Students have realized with the facts presented by Mr. Ramesh the reasons and preventive measures why Millions of chemicals are burned into the air, thousands of pounds of solid waste is dumped on to the earth each day and the world's largest oceans are polluted with toxins and chemicals denying any form of life.

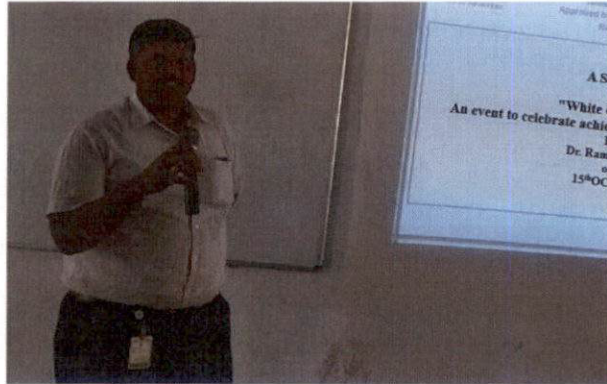
7.White Cane Day:

“An event to celebrate achievements of differently abled to Promote Love”

By Mr. Ramanjaneya

In Seminar Hall on 15th October 2015 at 02:00 PM

Mr. Ramanjaneya shared his views and reasons to celebrate White Cane Day. “Onthis day we celebrate the achievements of people who are blind or visually impaired and the importance of the white cane, a symbol of blindness and a tool of independence.”



Number of Participants:60


Outcome: Students understood this day is observed to create awareness and consideration among the public regarding the safety and rights of persons with visual impairment.

8. Human Values: on attaining Gender Equanimity:Seminar

Date: 29.10.2015

Technology has always had an uneasy relationship with human values and ethics. Ethics and technology seem to be at odds with each other. Such a contradiction is apparent in the way ultrasound technology is used to abort female fetuses in India. Nuclear weapons illustrate Janus faces of technology. The same thing can be said about Information Technology and its various avatars such as social media. Thus there is a strong case for inclusion of a study of human values and ethics in technology curriculum. As the world is increasingly dominated by Artificial Intelligence driven technologies, human values and ethics which define human civilization may be sidelined or even be marginalized in the wake of technological euphoria. The dominant discourses of technology endanger and marginalize other discourses such as poverty, inequality, violence and gender discrimination. In order to educate the students of engineering and technology about the dangers that technology pose to the society CMRCET included a course on human values as part of professional ethics in its curriculum. It is justified since engineering curriculum is overwhelmingly technical in nature and there is little in the curriculum which checks the technological orientation. The above event was organized and conducted by the **Student Counseling Cell** of CMRCET.

This seminar was conducted with an **aim** to make the students aware how harmful the technology can become if misused and how the basic human values can be compromised.



CMR COLLEGE OF ENGINEERING & TECHNOLOGY
(UGC Autonomous, NAAC Accredited With A-Grade, All the B.Tech Programmes Accredited)
KANDLAKOYA, MEDCHAL ROAD, HYDERABAD - 501 401
DEPARTMENT OF HUMANITIES & SCIENCES

**One Day Seminar on
Human Values on attaining Gender
Equanimity**

29th October 2015
Organized and Conducted by
Student Counseling Centre

Basic Human Values

Kavita

→ The theory of basic human values, developed by SHALOM H. SCHWARTZ, is a theory in the field of Intercultural research. The author considers the theory as an essential extension of previous approaches to comparative intercultural research theories, such as the Hofstede's cultural dimensions theory, and has been extensively applied in cross-cultural studies of individual values.

The theory of basic human values tries to measure universal values that are recognised throughout all major cultures. Schwartz's theory identifies ten such motivationally distinct values and further describes the dynamic relations amongst them. To better graphically portray these relationships, the theory arranges the ten values in a circular structure.

In the 2011 article, Schwartz and colleagues presented a refined set of 19 basic individual values that serve as guiding principles in the life of a person or group.

Human Values

See van

Human values are the virtues that guide us to take into account the human element when we interact with other human beings.

Human values are for example respect, acceptance, consideration, listening, openness, affection, empathy and love towards other human beings. It is with those human values that one becomes truly able to put into practice ethical values. Such as justice and integrity; refusal of violence and to kill even in evil situations.

Human values convey a positive and affective surge, which reinforces the rationale of moral values. They are the values that permit us to live together in harmony, and personally contribute to peace as a tool to manage human relations, and a tool for peace when the tension is high.

9. Aids Day-An Awareness on Prevention of AIDS Disease to promote fair treatment and Love for victims

By Dr. A. Kotishwar

In Seminar Hall on 01st December 2015 at 02:00 PM

He said that “the cause of AIDS is primarily HIV or the Human Immunodeficiency Virus. This virus replicates itself into the human body by inserting a copy of its DNA into the human host cells. Due to such property and capability of the virus, it is also known as a retrovirus. The host cells in which the HIV resides are the WBCs (White Blood Cells) that are the part of the Human Immune system.”



Number of Participants:70

Outcome: Students have understood though AIDS is a disease, which cannot be cured or eradicated from society, the only solution to AIDS lies in its prevention and awareness.

10. A Seminar on “Promoting the Spirit of Patriotism”

By Dr.B.Srinivasa Varma

In Auditorium on 09 -12-2015 at 10:00 AM

Dr.Varma addressed the gathering that the feeling of patriotism means having the feeling of immense love for one’s country. There have been a number of patriots in our country in the past and there are many present today. He also spoke that the feeling of patriotism among the people of India could especially be seen during the British reign. He suggested all the students to be patriot.



No. Of Participants:56

Outcome: Students inspired by the presentation which encouraged love for the nation and the unity among the citizens would lead the nation towards development.

11. Women's Empowerment: Seminar

Date: 22.12.2015

For many decades there has been growing awareness that empowerment of women is crucial to various development agendas. There is now near universal consensus that empowering women in the form of education, representation in legislative bodies and policy making institutions, financial assistance and recognition of their rights is essential to all democratic societies. Such empowerment strategies challenge traditional notions of development which are male centric. Inclusion of women in various policies brings them into the mainstream. Their participation would allow them exercise power which would otherwise be denied. Such participation in political and economic structures allows them to have access to the opportunities necessary for exercising their rights. It follows from the realization that family, which is essentially a patriarchal institution, would not provide sufficient opportunities for women to raise their social and economic status. It is in this context that other public institutions such as government, banks, and industry have formulated their developmental strategies involving active role for women. For instance government has introduced reservation for women in local government and educational institutions. Similarly gender budgeting came to define annual budget making process that caters to the women centric policies.

With an **aim** to spread awareness about various policies of the government and other agencies about women empowerment CMRCET the **Student Counseling Centre** in collaboration with **Women Empowerment committee** conducted a one day session on Women Empowerment.

Women Empowerment Rajesh

Women Empowerment includes the action of raising the status of women through education, raising awareness, literacy and training.

Women's empowerment is all about equipping and allowing women to make life-determining decisions through the different problems in society.

Empowerment is a process that creates power in individuals over their own lives, society and in their communities. People are empowered when they are able to access the opportunities available to them without limitations & restrictions such as in education, profession & lifestyle.

Alternatively, it is the process for women to redefine gender roles that allows for them to acquire the ability to choose between known alternatives whom have otherwise been restricted from such an ability.

Women empowerment has become a significant topic of discussion in development & economics

Women Empowerment

Navish

The empowerment and autonomy of women and the improvement of their political, social, economic and health status is a highly important end in itself. In addition, it is essential for the achievement of Sustainable development. The full participation and partnership of both women and men is required in productive and reproductive life, including shared responsibilities for the care and nurturing of children and maintenance of the household.

In all parts of the world, women are facing threats to their lives, health and well-being as a result of being overburdened with work and their lack of power and influence. In most regions of the world, women receive less formal education than men, and at the same time, women's own knowledge, abilities and coping mechanisms often go unrecognized. The power relations that impede women's attainment of healthy and fulfilling lives operate at many levels of society, from the most personal to the highly public.



Students talking about Women Empowerment

12. "Don't Drink and Drive" Awareness Programmes to create Harmonious Society"

By Mr. Sirajuddin

In Seminar Hall on 30th December 2015 at 02:00 PM

Speaker explained that the intention of the 'Don't Drink and Drive' campaign is to spread the message of responsible drinking by choosing alternatives such as calling a cab or requesting a non-drinking friend to take the wheel instead.



Number of Participants:58

Outcome: Students understood about Drinking and driving do not go well together.

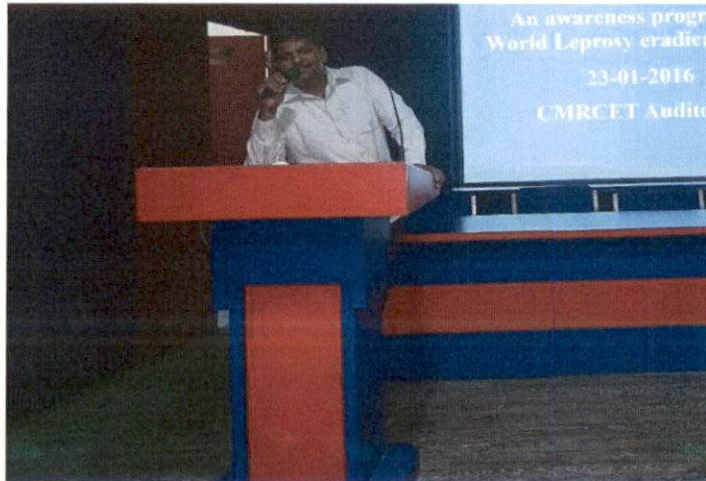
13. An Awareness Programmes on “World Leprosy Eradication Day”

By Mr. L.Ramanjaneya

At

CMRCET College, Kandlakoya, Medchal on 23rd January 2016 at 02:00 PM

To create an awareness about leprosy eradication and preventive measures. He said today science has developed to a great extent but in the past this disease was very much troublesome to the diseased as well as the people associated with the victim but even now precautions are very important to be taken.



No. Of Participants:58

Outcome: Students realized how the discrimination and stigma that people suffering from leprosy face from the society in the present days.

14. “An Awareness Programmes on Indian Constitution”

By Ms.K.Soujanya

At

CMRCET College, Kandlakoya, Medchal on 25th January 2016 at 03:00 PM

She spoke about the **Constitution** of India which is the supreme law of India. It defines the fundamental political principles and establishes the structure, procedures, powers and duties of the government.



No. Of participants:78

Outcome: CMRCET wants young people to experience how the rights and duties in our *constitution* are being practiced, and share their experiences to the rest of the world.

15. Essay Writing: Issues of Violence Against Women

Date: 02.02.2016

R. Sai Teja

ISSUES of Violence against women

→ Violence against women and children is a serious public health concern, with costs at multiple levels of society. Although violence is a threat to everyone, women and children are particularly susceptible to victimization because they often have fewer rights or lack appropriate means of protection. In some socially or legally acceptable, there by contributing further to the risk to women and children.

In past decade research has documented the growing magnitude of such violence, but gaps in the data still remain. Victims of violence of any type fear stigmatization or societal condemnation and thus often hesitate to report crimes. The issue is compounded by the fact that for women & children the fact that issue is compounded by the perpetrators are often people they know & because victims.

Issues of Violation Against Women

Aboriginal women and girls are strong and beautiful. Unfortunately, they often face life-threatening gender-based violence and disproportionately experience violent crimes because of hatred and racism. According to Statistics Canada, Aboriginal women are three to five times more likely to experience violence than non-Aboriginal women. Fortunately, this frightening trend has been noticed and intervention such as the Sisters in Spirit social movement and Kanawayhitowin campaigns have been created to assist in diminishing these violent events. It is important to first expose the violence against Aboriginal women that occurs before.

The Kanawayhitowin campaigns focuses both on interventions for men and interventions for women. The men are educated on the influences and impacts of violence against women in addition to fostering a change in attitudes and beliefs.

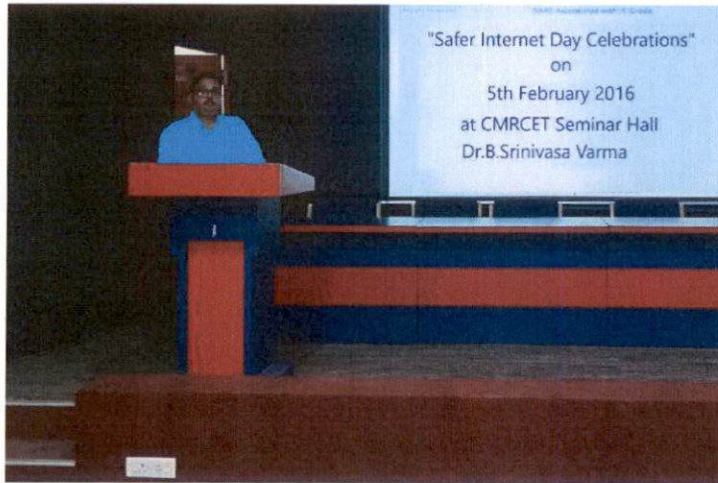
The Essay Writing was conducted by the **Students Counseling Centre** in collaboration with **Women's Protection Cell** of CMRCET with an aim to make the students aware of the issues that girls and women face in all kinds of environments.

16. “Safer Internet Day Celebrations”

By Dr. B.Srinivasa Varma

In Auditorium on 5th February 2016 10:00 AM

Safer internet day celebrations held on 5th February 2016 in CMRCET by Dr.B.Srinivasa Varma. Students from all the departments participated enthusiastically. Students learned about online safety, safe browsing and privacy security.



No. Of Participants:59

Outcome: Students understood the role of every stakeholder to play their part in creating a better internet for everyone, in particular to the youngest users.

17. Awareness Programmes on "Tight Tobacco": To prevent use of Tobacco and promotion of Social Cohesion

By Mr. Nagaraju Naik

In Seminar Hall on 08th February 2016 at 02:00 PM

The prime targets of tobacco industries are young people and women, as well as developing countries, and the tobacco industry's tactful marketing strategies are to continue to counter the efforts of tobacco control and to promote tobacco use.



Number of Participants: 53

Outcome: Students are informed about the disadvantages of using tobacco.

18. “World day of Justice Celebrations”

In Auditorium on 20-02-2016 at 3:00 PM

By
Prof.G.Devadasu.

Speaker addressed the gathering about World Day for International Justice which unites all those who wish to support justice, promote rights of the victims, also help in preventing crime that threaten peace, security and well-being of the world



No. Of Participants:52

Outcome: Students have understood that the role of various news channels, newspapers and radio to promote justice. Several organizational groups make people to pay attention to some particular issues like violence against women, genocide etc.

19. Women's Day Celebration

Date: 08.03.2016

On the occasion of the Women's Day this year, the students were asked to prepare collages and posters and present them. Boys especially were very enthusiastic in participating in the event. The topic was Women Empowerment. **The Students Counseling Centre** in collaboration with **The Women Empowerment Committee** organized the above event. The aim was to make the students aware of how the women can be empowered so the world can be a better place to live in.

