



CMR COLLEGE OF ENGINEERING & TECHNOLOGY

(AUTONOMOUS)

NAAC Accredited Institution with 'A' Grade

Kandlakoya (V), Medchal Road, Hyderabad -501401.

To

20.04.2018

The IQAC coordinator
CMR College of Engineering & Technology
Kandlakoya
Medchal.

Sir,

Sub: **Annual Report of the Student Counseling Centre for the year 2017-18.- Regarding.**

The Student Counseling centre in the year 2017-18 has conducted the following Programmes according to the original schedule decided in the first SCC meeting held on 4th of June 2017-

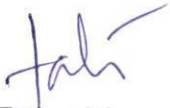
S. No.	Date	Dept./Committee	Name of the event	Details
1	01.07.2017	Students Counseling Centre	An awareness Programme on International Day against Drug Abuse and Illicit Trafficking	The aim of the event is to create awareness about drug abuse and promoting right conduct
2	05.07.2017	Students Counseling Centre	World Environment Day Celebrations to promote Social Values	The aim of this Programme is to promote social values by creating awareness about saving our environment
3	10.07.2017	Students Counseling Centre	Kargil Day Celebrations	The aim of the event is to create awareness among students to honor of the Kargil War's Heroes.
4	20.07.2017	Students Counseling Centre	An awareness Programme on Importance of Organic Farming to promote communal harmony	The aim of this Programme is to create awareness about importance of organic farming these days and promoting

				harmony
5	21.07.2017	Students Counseling Centre	International Yoga Day Celebrations to promote social peace	The aim of the Programme is to create awareness about Yoga and promote social peace
6	28.07.2017	Students Counseling Centre	An Awareness Programme on Fundamental Duties	The aim of this Programme is to create awareness about Fundamental duties
7	09.08.2017	Students Counseling Centre	Gender Sensitization: Films	The aim in showing these films to the students is to make them sensitize towards gender equality.
8	10.08.2017	Students Counseling Centre	Prevention of Sexual abuse and counseling Programme to promote right conduct	The aim of this Programme is to create awareness about prevention of sexual abuse and counseling
9	18.08.2017	Students Counseling Centre	An Awareness Programme on Using Environmental Friendly Products to promote social cohesion	The aim the Programme is to promote environmental friendly products and create social cohesion
10	19.08.2017	Students Counseling Centre	An Awareness Campaign on Eye Health to promote Love and peace	The aim of the Programme is to promote love and peace
11	26.08.2017	Students Counseling Centre	A Seminar on Legal Awareness	The aim of conducting this event is to create awareness among students about legal process to create harmonious community
12.	17.09.2017	Students Counseling Centre	Love and acid do not mix - An interactive session on Acid attacks	The aim is to enlighten the students about how and why the male aggression makes the female a victim.
13	05.10.2017	Students Counseling Centre	World Alzheimer's Month Observance to Promote Consciousness about Alzheimers to promote Love	The aim of the Programme is to promote love towards the victims
14	18.10.2017	Students Counseling Centre	World Food Day Celebrations to create social integration	The aim of this Programme is to create awareness about food preservation and distribution to poorer sections and build social integration
15	29.10.2017	Students Counseling Centre	Gender Discriminations: The case of LGBT Communities	The aim of this event is to make the audience aware of how we need to spread awareness about the plight about the LGBT not only in order to educate people about the sexual minorities but also to work towards enlightening people about the harmful consequences of discrimination in all its forms.

16	02.11.2017	Students Counseling Centre	Cyber Crime Awareness for Secure Life for Girls	The aim is to educate and protect our women and children better.
17	23.11.2017	Students Counseling Centre	An Awareness Programme on Human Rights to Water and Sanitation	The aim of the Programme is to create awareness about basic human rights to Water and Sanitation
18	28.11.2017	Students Counseling Centre	National Flag Day Celebrations	The aim of this event is to create awareness about Our Indian National Flag and its importance
19	04.12.2017	Students Counseling Centre	A Programme to promote "Necessity of Heart Donation and Transplant" to promote Empathy	The aim of this Programme is to create Empathy among people by helping others
20	07.12.2017	Students Counseling Centre	Army Flag day Celebrations	The aim of this Programme is to create awareness about dedication towards collection of funds from people of India for the welfare of the Indian Armed Forces personnel.
21	10.01.2018	Students Counseling Centre	Traffic Awareness Programme to create communal harmony	The aim of the Programme is to educate the students about following traffic rules.
22	25.01.2018	Students Counseling Centre	An Awareness Programme on Importance of Indian Constitution.	The event's aim is to create awareness among students about the Constitution of India.
23	31.01.2018	Students Counseling Centre	Anti-Drugs Day: An Awareness Campaign on Consequences of Consuming Drugs to promote right conduct	This event's aim is to promote the awareness among students about consequences of drug use.
24	21.02.2018	Students Counseling Centre	Nirbhaya Laws: A Caution for both Genders	The aim in conducting the event is to create awareness among the youth and also to spread the lessons learnt from Nirbhaya incident.
25	28.02.2018	Students Counseling Centre	Women in the competitive world: Talk by Alumni	The aim of the event is to make the girl students aware of the tough competition that they would have to face in the outside world.
26	08.03.2018	Students Counseling Centre	Women's Day Celebration: Living for a Purpose	The aim of the event is to show how women can multi-task and be achievers

The **outcome** of all these Programmes are that all the students benefitted from the events and learnt to open up and be more self dependent and develop ethics and values.

The SCC members resolved to continue to work towards the welfare of the students in the coming years too.



S. Fatima Mary
Convener
Student Counseling Centre

Encl: Events Report

1. An Awareness Programme on
“International Day against Drug Abuse and Illicit Trafficking.”

By Ms. B. Anuradha

In Auditorium

on 01-07-2017 at 10.00 AM

Ms. Anuradha Said that this day is to bring awareness about drug abuse and the role of intoxication in crime and child trafficking and cooperation to achieve the goal of an international society to make world a better place to live and free from drug abuse.”.



NO. Of Participants:49

Outcome: Students have realized that the justice and health are two sides of the same coin when it comes to addressing drug problems.

2. Environment Day Celebrations

By Dr. A. Kotishwar
In Seminar Hall on 05th June 2017 at 02:00 PM

To create an awareness Programme on environment day. Dr. A. Kotishwar has given a speech about the importance of the environment in our daily life. He also spoke about the sustainability of the environment.



No of Participants:56

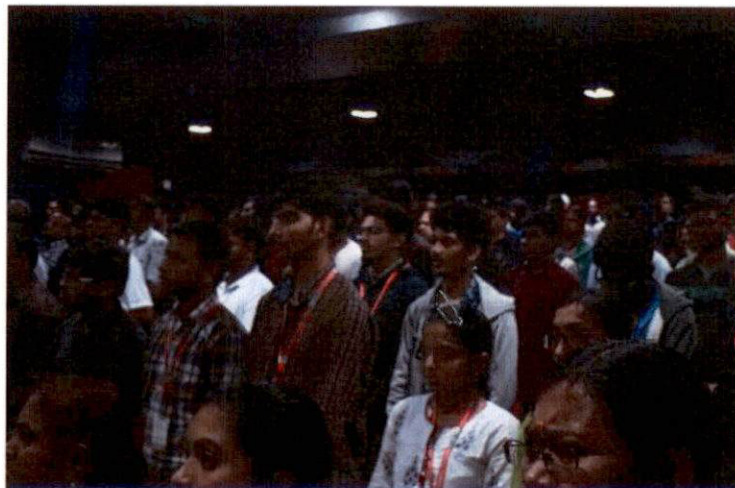
Outcome: Students have learned the importance of the environment in our daily life & also have known some environmental practices to be followed.

3. “The Kargil Day Celebrations”

By Dr.M. Suresh

In block II Auditorium on 24-06-2017 at 2.00 PM

Mr. Suresh shared his views on The Kargil War which is also called Operation Vijay which is a saga of strong political, military and diplomatic actions. The nation shall be celebrating the 18th anniversary of victory this year in Kargil War with pride, honour and inspiration.



No. Of Participants:56

Outcome: Students have understood the Greatness of Indian soldiers who had been sacrificed their lives for our country in the war.

4. AN AWARENESS PROGRAMME ON IMPORTANCE OF ORGANIC FARMING

By Mr. D.S.Sanjeev

In Seminar Hall on 20-06-2017 at 02:00 PM

Mr. Sanjeev spoke on the importance of Organic farming. He told that the nutrients in organic products and how do they impact health.



No of Participants:75

Outcome: Students have understood that farming will be more yielding with organic methods and can be improved without pesticides.

5. International Yoga Day Celebrations

By Dr. G. Surya Narayana

In Seminar Hall on 21st June 2017 at 02:00 PM

He spoke about the importance of Yoga for everyone and emphasized the need of yoga for societal peace.



No of Participants: 65

Outcome: The people who have attended the seminar have learned the importance of yoga and also learned the advantages of harmonious life after opting for yoga.

6. “An Awareness Programme on Fundamental Duties”

By. Ms. Krupa Rani
on 28-07-2017 at 10.00 AM

“The fundamental duties are defined as the moral obligations of all citizens to help promote a spirit of patriotism and to uphold the unity of India. Citizens are morally obligated by the Constitution to perform these duties”, She said.



No.Of Participants:55

Outcome: Students have understood that it is the fundamental duty of every citizen to protect the ideals and institutions, protect the sovereignty, unity and integrity of India.

7. Gender Sensitization: Films

Date: 09.08.2017

<https://youtu.be/p08P6NoeHnA>

<https://youtu.be/xhJk2AiABl0>



Students watching videos on Gender Sensitization

This event was organized by the **Student Counseling Centre** and the **Women Protection Centre**.

The **aim** in showing these films to the students is to make them sensitized towards gender equality.

8. Prevention of Sexual abuse and counseling program

By Ms. S. Sangeetha
In Seminar Hall on 09th August 2017 at 10:00 AM

To create an awareness Programme on sexual abuse & counseling Ms. S. Sangeetha has given a speech about the importance of gender equality & protection on the woman.



No of participants: 76

Outcome: The people who have attended the seminar have realized the importance of gender equality and learned the importance of woman protection.

9. "Promoting Usage Environmental Friendly Products"

By Ms.Fatheema Merry

In Seminar Hall on 18th August 2017 at 10:20 AM

"There is global warming because of the chemicals intoxicating the Earth. Fortunately, there are still people who care enough to fix things and make them better. People and organizations are promoting eco-friendly products to try and contribute to saving our world." She said



No of Participants:66

Outcome: Students learned that the green products employ environmentally sensitive methods as a massive amount of energy is used in the production of traditional products like plastic.

10. An Awareness Campaign on Eye Health

By Mr. R. Ramesh

In Seminar Hall on 19th August 2017 at 02:00 PM

Mr. Ramesh shared his views the eyes are the windows to the body. They are the only place where your blood vessels can be viewed in their natural state without a surgical procedure.”



No of Participants:46

Outcome: Students have understood the importance of comprehensive eye examinations for early detection and treatment to prevent vision loss or blindness.

11. A SEMINAR ON LEGAL AWARENESS

By Dr. V. Ramaraju.
on 26-08-2017 at 10:00 AM

This seminar is to know and create awareness among students about the legal process and available legal resource and to effectively utilize the legal system.



No of Participants:42

Outcome: Students learned about the rights of children, women, parents and senior citizens.

12. **Love and Acid do not mix: An interactive session on Acid attacks**

Date: 17.09.2017



Group Discussions on the topic Acid Attacks

11/10/19

Acid Attacks

Acid attacks often occurs as revenge against a woman who rejects a proposal of marriage or a sexual advance. Gender inequality and women's position in the society in relation to men, plays a significant role in these types of attacks.

Acid throwing, also called an acid, a vitriol attack or vitriolage, is a form of violent assault defined as "the act of throwing acid or a similarly Corrosive substance onto the body of another" with the intention to disfigure, maim, torture or kill. Perpetrators of these attacks throw Corrosive liquids at their victims throw victims, usually at their faces, burning them and damaging skin tissue, often exposing and sometimes dissolving the bones.

The most common types of acid used in these attacks are Sulfuric and nitric acid. Hydrochloric acid is sometimes used, but is much less damaging.

The **Student Counseling Centre** and the **Women Protection Cell** of the CMRCET conducted the above event with an **aim** to enlighten the students about how and why the male aggression makes the female a victim.

13. World Alzheimer's Month Observance

“To Promote Consciousness about Alzheimer’s”

In seminar hall on 5th October 2017 at 10 AM

Mr.Syed Rafeeq gave a speech on Alzheimer’s month that challenges the stigma that surrounds dementia. He spoke about the important facts of this disease and the care to be taken to prevent it.



No od Participants: 59

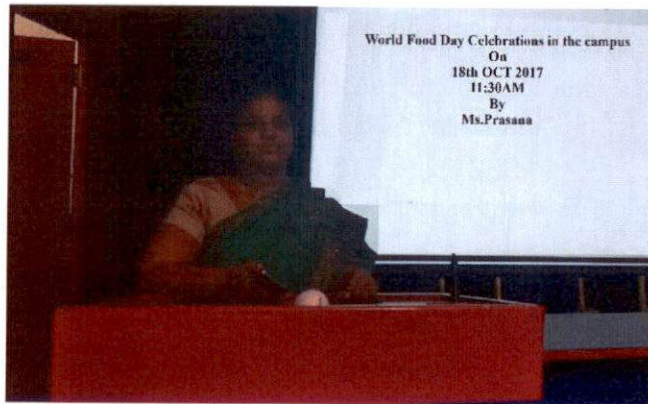
Outcome: Students have learned that to raise awareness and challenges about Alzheimer's.

14. “World Food Day Celebrations”

By Ms. Prasana

In Seminar Hall on 18th October 2017 at 11:30 AM

“World Food Day is a day calling for action to tackle global hunger. Held annually on 16 October, people around the world come together to show their commitment to eradicate worldwide hunger in our lifetime.” She said



No of Participants: 52

Outcome: Students understood that in recent years, low nutritious diets and increased consumption of unhealthy food have contributed to the development of chronic non-communicable diseases in the country.

15. Gender Discriminations: The Case LGBT Communities

Date: 29.10.2017

Discrimination of people on the basis of caste, race, and gender has refused to go away despite constitutional and other legal frameworks. Our public discourse in the form of media and education does not debate upon these crucial aspects which define one's humanity. Most precious space of public discourse is dominated by hyper-nationalism and war. As a result the voices of victims of sexual and other forms of gender discrimination are not heard as they are pushed to the margins. The sexual minorities such as lesbian, gay, bisexual, and transgender experience discrimination on a daily basis. But not much is known about their plight to people who are conventionally educated in schools and colleges. We must spread awareness about their plight not only in order to educate people about the sexual minorities but also to work towards enlightening people about the harmful consequences of discrimination in all its forms. It is because people who are discriminated can be physically assaulted and their right to life can be taken away as in the case of people from LGBT communities. In order to spread awareness among students of CMRCET about the need to treat people with respect and dignity irrespective of their sexual orientation, we are holding a one day meet on GENDER DISCRIMINATION: THE CASE OF LGBT COMMUNITY. Mr. Suneel Kumar Asst. Prof. from the English Department Conducted the session. The above Programme was organized by the **Student Counseling Centre** and the **Women Empowerment Committee**. The aim of this event is to make the audience aware of how we need to spread awareness about the plight about the LGBT not only in order to educate people about the sexual minorities but also to work towards enlightening people about the harmful consequences of discrimination in all its forms.



Mr. Suneel Kumar's session on LGBT Community

16. Cyber Crime Awareness for secure life

Date: 02.11.2017

Spreading awareness about crime is as important as investigating crime. Educating citizens, especially women, about crime perhaps would go a long way in protecting them from crime. The act of spreading awareness is more important as the nature of crime has changed due to information technology which has become part of everyday life. Information technology in the form of smart phones and social media and networks pose special risk to women and children as it makes it relatively easy for the men to target them. The crime takes the form of stalking and harassing women and children either by direct means or by posting their details in dark web or such harmful places in cyber world. It becomes very difficult to deal with the repercussions of such activities as it harms one's self image and reputation among the public. **CSE Department and the Student Counseling Cell** of CMRCET conducted an event on Cyber crime awareness to educate students about the precautions they have to take when they share their details such as phone number and other personal information with anyone. It is because many times the culprit turned out to be a person who is well known to the victim. A senior faculty of the CSE Department Dr. KLS Sowjanya conducted the event. Thus by sharing examples and experiences of victims of cyber crime our **aim** is to educate and protect our women and children better.



CYBER CRIME

Shreuthi

Cybercrime is a crime that involves a computer and a network. The computer may have been used in the commission of a crime, or it may be the target. Cybercrimes can be defined as "offences that are committed against individuals or groups of individuals with a criminal motive to intentionally harm the reputation of the victim directly or indirectly, using modern telecommunication networks such as Internet (networks including chat rooms, email, notice boards and groups) and mobile phones.

There are six major types of cyber crime that are Hacking, cyberstalking, online identity theft, online child abuse, Ransomware attack, Internet fraud (on online scams). There are many ways to protect yourself from the cybercrimes like

- (i) use a full-service internet security suite
- (ii) use strong passwords.
- (iii) Keep your software updated
- (iv) Manage your social media settings
- (v) Take measures to help protect yourself against identity theft and etc...

" BETTER BE SAFE THEN SORRY! "

Law: Knows Cyber Crime

Cybercrime is a crime that involves a computer and network. Cybercrimes can be defined as: "Offences that are committed against individuals or groups of individuals with a criminal motive to intentionally harm the reputation of the victim. Directly or indirectly using modern telecommunication networks such as Internet.

Cyber crimes crossing international borders and involving the actions of at least one nation-state is sometimes referred to as Cyberwarfare.

Classifications of Cyber Crime

- * Financial Fraud Crimes
- * Cyberterrorism
- * Cyberextortion
- * Cyberwarfare
- * Drug trafficking

A primary impact from Cybercrime is financial, and Cybercrime can include many different types of profit-driven criminal activity.

17. AN AWARENESS PROGRAMME ON “HUMAN RIGHTS TO WATER AND SANITATION”

By Dr. P. Alekhya

In Auditorium on 23-11-2017 at 3:00 PM

Dr. P. Alekhyashared her views on human rights to water and sanitation. She said water is prime necessity of the people without which nothing is possible and also alerted the audiences to not waste water and discharge of sewage waste through proper sanitation, as it leads to water stagnation and birth of harmful bacteria and other creatures and also said its everyone’s right to have good sanitation and water facilities.



No of Participants:45

Outcome:The objective to bring the awareness towards the human rights on water and sanitation.

18. “National Flag Day Celebrations”

By Mr. Md. Sirajuddin
In Seminar Hall on 28-11 2017 at 11.00 AM

This awareness Programme was conducted to know the specialty of the flag what refers the greatness of each color and to give priority to respect the Flag. He also said the purpose of three colors in the national flag and explained each color with its meaning and purpose.



No. Of Participants:47

Outcome: Students understood that the flag is a symbolic initiative that affirms our commitment and loyalty towards our country and values and principles of the nation.

19.A Programme to promote "Necessity of Heart Donation and Transplant"

By Mr. M. Suresh

In Seminar Hall on 04thDecember 2017 at 11:00 AM

To create an awareness Programme on the necessity of heart donation & transplantation, Mr. M. Suresh has given a speech about the importance of heart donation & transplantation in human life.



No of Participants: 50

Outcome: Students understood that *A heart transplant* requires a *heart donation* from an individual who is declared brain dead and on a ventilator. Most *transplant* candidates wait for some length of time because there are more people in *need* of a *transplant* than there are deceased *donors*.

20. "Army Flag Day Celebrations"

By Ms.S.Sangeetha

In Auditorium

on 07-12-2017 at 10.00 AM

Ms. S. Sangeetha called for solidarity and full support to the families of martyrs from all the three Indian armed forces.



No.Of Participants:42

Outcome: Students learned the functioning of The Army, Navy and Air force which are all serving people during natural calamities and fighting the terrorists bravely

21. Traffic Awareness Campaign

By Mr. Ramesh Malhotra, Inspector, Traffic
In Seminar Hall on 10th January 2018 at 02:30 PM

Shri Ramesh Malhotra spoke of Traffic rules and regulations and he brought Awareness on laws towards Traffic violation. With traffic violations on the rise in the city, the department of traffic had taken an initiative to create awareness on the need for traffic rules.” He said.



No of Participants: 95

Outcome: Students have understood the purpose of creating awareness about traffic rules in the city.

22. An Awareness Programme on “Importance of Indian Constitution.”

By Md.Sirajuddin

In Auditorium

on 25-01-2018 at 10.00 AM

He remembered the contribution of Dr. B.R Ambedkar in drafting and formulating the constitution of India and mentioned various social problems prevalent at the time of Independence which posed threat for India’s future.



No of Participants:58

Outcome: Students learned about many important amendments and laws and the functioning of the constitution and also the consequences and legal obligations

23. Anti-Drugs Day: An Awareness Campaign on “Consequences of Consuming Drugs”

By Mr. D.S. Sanjeev

In Seminar Hall on 31st January 2018 at 01:00 PM

“Drugs are chemicals that affect the body and brain. Different drugs can have different effects. Some effects of drugs include health consequences that are long-lasting and permanent.” He said.



No of Participants: 54

Outcome: Students have understood the negative effects of using drugs.

24. Nirbhaya Laws: A Caution for both Genders

Date: 21.02.2018

Violence against women in general and sexual violence against them in particular in India is old as the history of myth that is woven into the fabric of the nation. It had appeared as if these crimes against women are a normative aspect of general nature of crime. But Nirbhaya incident (2012) in Delhi forced the government of India to take a serious view of crimes against women. It attracted international attention due to massive protests across the country against such barbaric and heinous acts against women. The government of India appointed Justice J.S.Verma to suggest amendments to criminal law to deal with the new waves of crime against women. Thus the Criminal Law (Amendment) Act, 2013 (Nirbhaya Act) came into force. This is followed by many other changes in the criminal justice system. Fast track courts to deal with the criminal acts against women were formed. Harsher punishments to culprits are being given. Marital rape is now being treated as a crime. The government made amendments to the juvenile justice act in view of the involvement of the juveniles in many criminal acts. Such juveniles are now treated as adults keeping in view of the nature of crime. The **aim** in conducting the event is to create awareness among the youth and also to spread the lessons learnt from Nirbhaya incident. So CMRCET held a one day meet on Nirbhaya Laws on 21st February 2018. The session was conducted by Ms. Rosy Matilda Asst. Prof. of the English Department. It was jointly organized by the **Women Protection Cell** and the **Student Counseling Cell**.



Ms Rosy Matilda conducting the session on Nirbhaya Laws

25. Women in the Competitive World: Talk by Alumni

Date: 28.02.2018

Vyshnavi a former student of EEE branch of CMRCET gave a motivational talk to the girl students in the college on 'The Challenges girls face in preparing for Competitive exams in the Indian Society'. She is an IAS aspirant.

She spoke about how easy it seemed to clear the Prelims and Mains of the Civil Service exams and how tough the Interview was. At just 21 years of age, when she was asked 'if her husband died and when she was getting ready to marry another man, and her dead husband returned what would she do.' Such questions confused her. The end result was that she did not clear the interview. She explained that though she was heartbroken, with the help of her parents and her favorite childhood teacher she overcame her disappointment and started preparing again. She lamented how the society around tried to interfere in her matters, trying to influence her parents to get her married off. She faced obstacles at every step of her preparation after two years. But she still slogged through. She cautioned the girls on how they can become influenced by negativity of the society. She exhorted them to take the support of their loved ones and follow their dreams till they are realized. The event was organized by the **Student Counseling Centre** and the **Women Empowerment committee**.

The **aim** of the event was to make the girl students aware of the tough competition that they would have to face in the outside world.



Ms. Vyshnavi a former student and IAS aspirant speaking to the girl students

26. Women's Day Celebration: Living for a Purpose

Date: 08.03.2018

"I think women are foolish to pretend they are equal to men. They are far superior and always have been," – William Golding, Novelist, Playwright and Poet.

The celebration, at CMR College of Engineering & Technology of Women's Day began with addresses by the Secretary & Correspondent Mr. Gopal Reddy and the Principal Major Dr. V.A. Narayana, lauding women for their talent in multi tasking and making the world a beautiful place with their presence.

The Guests were Dr. Madhavi Sastry, a scientist working with D.E. Shaw India Software Ltd., Dr.K. Aruna, nutritionist and dietetics, and Lakshmi Praveena, Kuchipudi dancer and Choreographer. All the guests spoke about the struggles they had in finding a place for themselves in a male dominated world and also gave credit to the men in their lives for making their lives easier to live.

The Head of Women's Protection Cell of the college also spoke about the safety and security maintained in the college for the girl students and female faculty and informed the gathering about how cases pertaining to harassment are dealt with in the college.

The day concluded with cultural programmes by the students, which also included a short performance by Lakshmi Praveena, the dance she helped choreograph from the Telugu film Bahubali 2, "Kanna Nidurinchara.'

The entire Programme was organized by the **Student Counseling Centre** and the **Women Empowerment Committee**.

The **aim** of the event was to show how women can multi-task and be achievers.

