



CMR COLLEGE OF ENGINEERING & TECHNOLOGY

An Autonomous Institution with NAAC Accreditation (A Grade)

*Approved by AICTE *Permanently affiliated to JNTUH *NBA Accreditation
Kandlakoya (V), Medchal Road, Hyderabad -501401.

To

22.04.2019

The IQAC coordinator
CMR College of Engineering & Technology
Kandlakoya
Medchal.

Sir,

Sub: **Annual Report of the Student Counseling Centre for the year 2018-19. Regarding.**

The Student Counseling centre in the year 2018-19 has conducted the following Programmes according to the original schedule decided in the first SCC meeting held on 30th of May 2018–

Sl. No.	Date of the Event	Dept./Committee	Name of the Event	Details
1	08.07.2018	Student Counseling Centre	World Environment Day-Tree Plantation Program	The aim of the event is to promote environment protection and social values
2	27.07.2018	Student Counseling Centre	An Awareness Programme Privacy and Cyber Crimes to promote Social Values	The aim of the event is to create awareness about online safety and privacy and promoting Social harmony
3	20.08.2018	Student Counseling Centre	Gender Equality in education with reference to Telangana - Seminar	The aim of this event is to apprise the women faculty and girl students of the situation of girl education in Telangana and how to improve it.
4	21.08.2018	Student Counseling Centre	A Discussion on Legal Awareness	The aim of this Programme is to create awareness about various legal processes

5	08.09.2018	Student Counseling Centre	International Literacy Day Celebrations	The aim of this Programme is to create awareness importance of Literacy to the development of a country
6	29.09.2018	Student Counseling Centre	Elocution Competition: Kill Cancer - Living Right with Equal opportunities	The aim of conducting this competition is mainly to spread awareness about Cancer.
7	29.09.2018	Student Counseling Centre	World Heart Day Celebrations to promote Love and world peace	The aim of this Programme is to create awareness about showing empathy
8	01.10.2018	Student Counseling Centre	Ozone Day Awareness Programme to create peaceful environment	The aim of this Programme is to create awareness about protection of ozone layer
9	08.10.2018	Student Counseling Centre	An awareness Programme on Prevention of Tobacco products to promote right conduct	The aim of this Programme is to create awareness about negative effects of tobacco and promoting right conduct
10	31.10.2018	Student Counseling Centre	A Seminar on Digital rights	The aim of this Programme is to create awareness understanding digital rights and protecting them
11	04.11.2018	Student Counseling Centre	Heartfulness Meditation - Stress Management for both Genders	The aim is to make the students life stress free with meditation.
12	18.11.2018	Student Counseling Centre	An Awareness Programme on Agircultural Developments to promote communal harmony	The aim of this Programme is to create awareness create awareness to students about developments in agriculture technology
13	20.11.2018	Student Counseling Centre	Seminar on Osteoporosis - Care for Both Genders	The aim of the event was to bring sensitivity towards the growing problems in menopausal women.

14	23.11.2018	Student Counseling Centre	An Awareness Programme on Human Rights to Water and Sanitation	The aim of this Programme is to create awareness about basic human rights to water and Sanitation
15	26.11.2018	Student Counseling Centre	An Awareness Programme on National identity elements	The aim of this Programme is to create awareness Indian National identity elements
16	07.12.2018	Student Counseling Centre	Army Flag day Celebrations	The aim of this Programme is to create awareness welfare of the Army
17	13.12.2018	Student Counseling Centre	Aids Day-An Awareness on Prevention of AIDS Disease to promote fair treatment and Love for victims	The aim of this Programme is to create awareness about prevention of AIDS and treating victims with love
18	14.12.2018	Student Counseling Centre	National Energy Conservation Day Celebrations to promote Social values	The aim of this Programme is to create awareness saving energy and promoting social values
19	18.12.2019	Student Counseling Centre	An Awareness Programme on use of Environmental Friendly Products to promote social cohesion	The aim of this Programme is to create awareness of using environmental friendly products and promoting social cohesion.
20	25.01.2019	Student Counseling Centre	An Awareness Programme on Importance of Indian Constitution.	The aim of this Programme is to create awareness about Indian Constitution

21	07.02.2019	Student Counseling Centre	National Science Day Celebrations to promote Social Integration	The aim of this Programme is to create awareness about contributions of various scientists to promote social integration
22	20.02.2019	Student Counseling Centre	World day of justice Celebrations	The aim of this Programme is to create awareness about legal system in the world
23	23.02.2019	Student Counseling Centre	Breast Cancer Awareness - Risks for both Genders	The aim of this event was to sensitize all the men and the women in the college about the early detection of Breast cancer.
24	02.03.2019	Student Counseling Centre	Awareness Programme on Water Preservation to promote Social harmony	The aim of this Programme is to create awareness about preserving water for future generations and promoting social harmony
25	08.03.2019	Student Counseling Centre	Women's Day Celebration - Celebrating Womanhood	The aim isto meet the empowered women and be aware of the need for women empowerment.
26	01.04.2019	Student Counseling Centre	National Nutrition Day Celebrations to promote Social Cohesion	The aim of this Programme is to create awareness about importance of nutrition to our life and promoting Social values

The **outcome** of all these Programmes are that all the students and faculty benefitted from the events and learnt to open up and be more self-dependent and develop ethics and values. Awareness to health also was part of the SCC events

The SCC members resolved to continue to work towards the welfare of the students in the coming years too.



S. Fatima Mary

Convener

Student Counseling Centre

Encl: Event Reports

1. World Environment Day-Tree Plantation Program By Dr. A. Kotishwar and Mr. Malla Reddy, M.P.

On 08-June-2018

In PUDUR Village

The tree plantation Programme went very successful as most of the village people attended and actively participated in planting the seedlings of various plants along with Mr Malla Reddy sir. We also explained the villagers how plantation can help us inhale fresh and clean air which is very important for healthy survival.



No. of Participants:105

Outcome: Students actively involved in tree plantation and the day is known about the importance of the trees and making students to plant the trees in Pudur village.

2. An Awareness Programme Privacy and Cyber Crimes

By Ms. K. Swapna

In Seminar Hall on 27th 2018 at 02:00 PM

To create an awareness Programme on An Awareness Programme Privacy and Cyber Crimes Ms. Swapna has given a speech about the issue of Cyber Crimes is emerging as a big challenge for Law Enforcement Agencies around the world and India is no exception. With its growing economy, huge IT industry, increasing roll-out of e-Governance and online applications and burgeoning tech-savvy generation of citizens – all are very attractive for organized cybercriminals to target India and its citizens.



NO of PARTICIPANTS:56

OUTCOME: The students have attended the awareness Programme on an Awareness Programme Privacy and Cyber Crimes and the students understood the present situation in the society in the country.

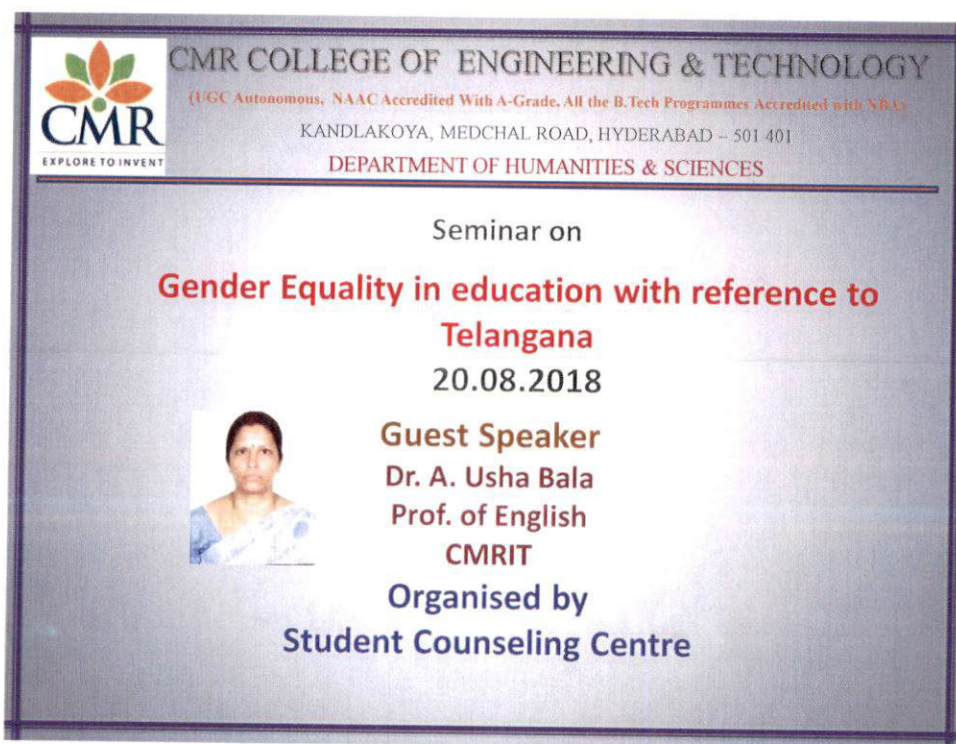
3. Gender Equality in education with reference to Telangana - Seminar

Date: 20.08.2018

Inquiries into forms of injustice and inequality identified gender inequality as one of the most persistent forms of injustice across societies and cultures. Not surprisingly gender equality has become central to the idea of development and focus of both policy makers and planners. For instance, The Beijing Declaration and Platform for Action, adopted at the UN's Fourth World Conference on Women (1995), identified "Education and training of women" as one of the twelve critical areas of concern. Thus, a study of the Sustainable Development Goal 4 for India, of the 17 SDGs adopted by the United Nations, reveals that only 65.46% of women are educated as compared to 82.14%. The study also reveals that for every 100 girls enrolled in primary education, 74.6% of women are not enrolled in higher education. It is in this context that CMR CET conducted a one day seminar on "Gender Equality in Education" on 20th August 2018.


The college invited Dr. A.Usha Bala as the chief guest to address the students and the faculty. In her speech she traced the socio economic history of Telangana and its impact on educational achievement of Women. She also dwelt on educational institutions established to impart education. She talked about the contribution of institutions like Koti Women's College, Osmania University, Durgabhai Deshmukh College for Women and other such institutions. While higher educational had institutions existed in Telangana, the lack of tertiary level institutions made it difficult for women to continue their education beyond primary level. Thus according to 2001 statistics there is a gap of 22.1% between men and women in Telangana. There was reduction of 6.56% compared to 1991 statistics. According to Census 2011 the literacy rate of Telangana is 66.5%. The female literacy ratio is lower than the national average of 65.5%. She explained how Telangana faces some challenges in the form of inability of Tribal communities, nomadic and migrating.

The **aim** of this event is to apprise the women faculty and girl students of the situation of girl education in Telangana and how to improve it. This was organized by the **Student Counseling Centre** and the **Women Empowerment Cell**.



CMR COLLEGE OF ENGINEERING & TECHNOLOGY
(UGC Autonomous, NAAC Accredited With A-Grade, All the B.Tech Programmes Accredited with NBA)
KANDLAKOYA, MEDCHAL ROAD, HYDERABAD - 501 401
DEPARTMENT OF HUMANITIES & SCIENCES

Seminar on
**Gender Equality in education with reference to
Telangana**
20.08.2018



Guest Speaker
Dr. A. Usha Bala
Prof. of English
CMRIT

Organised by
Student Counseling Centre

4. A DISCUSSION ON LEGAL AWARENESS

By Mr. Venkateswarlu Naik
In auditorium on 21-08-2018 at 10:00 AM

The objective of this discussion is to bring the awareness on legal process and available legal resource and to effectively utilize the legal system. He emphasized the importance of students getting legal advice for their copyrights and patents.



No of Participants:51

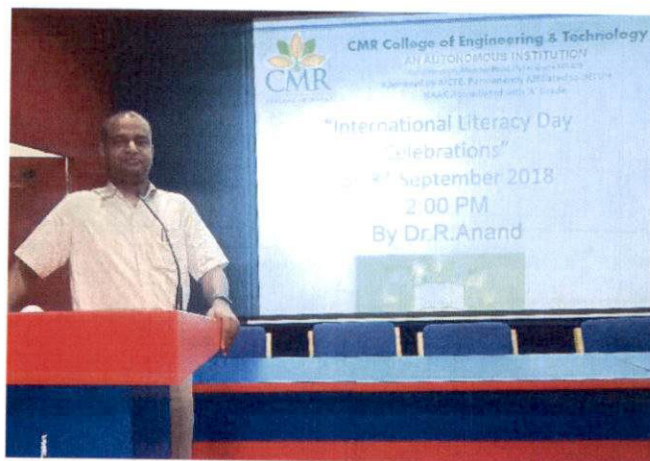
Outcome: Students learned about the Trademarks application process, copy right protection tips etc

5. International Literacy Day Celebrations

By Dr.R.Anand

In Auditorium on 08-09-2018 at 2:00 PM

He addressed the gathering to remind of the importance of literacy as a matter of dignity and human right, and to create awareness about the literacy towards a more literate and sustainable society



Participants: 66

Outcome: Students understood the challenges many countries facing to become 100% literacy nations and solutions they have to look for.

6. Elocution Competition: Kill Cancer - Living Right with Equal Opportunities

Date: 29.09.2018

International Society for Krishna Consciousness, Kukatpally, in association with the NSS wing of CMRCET organized and conducted an Elocution competition in CMRCET on 29th September 2018 to increase the awareness, recognize the symptoms, to take preventive measures to avoid carcinogens and thus achieve a cancer free society. The topic for the Elocution competition was "KILL CANCER".

ISKCON believes that in order to fight our enemy, we need to know him thoroughly which includes the food which causes cancer, the radiation, use of tobacco, alcohol consumption, junk food, beverages etc which act as a catalyst to increase cancer. However we need to know the food which helps in fighting & avoiding cancer as well.

The President of ISKCON, Kukatpally, his grace, Mr. Mahashring Das; his grace, Mr. Krishnavatar and the event coordinator, Ms. Srivani graced the occasion. A good number of students participated in the competition and prizes were given away to the winners.

His grace, Mr. Mahashring Das addressed the gathering giving valuable piece of advice to the young gathering on preventive measures that can be taken in our daily lives to stay fit and healthy that helps us fight cancer.

The event concluded with the distribution of prizes to the students.

I Prize - Anisha Mahapatra- I Year

II Prize - T. Lalitha - I Year

III Prize - N. Dileep Reddy - III Year

The event was organized by the **NSS, Student Counseling Centre** and the. The **aim** of conducting this competition was mainly to spread awareness about Cancer.



The President of ISKCON, Kukatpally, his grace, Mr. Mahashring Das; his grace, Mr. Krishnavatar and the event coordinator, Ms. Srivani.

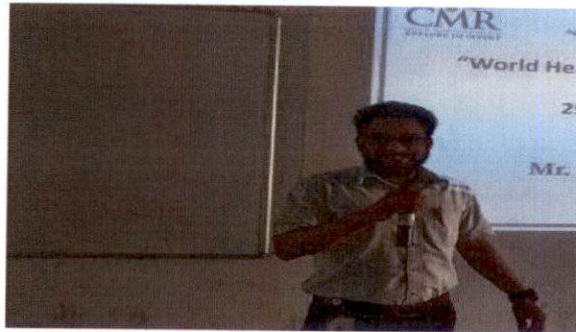
7. World Heart Day Celebrations

By Mr. A. SAI KUMAR

In Seminar Hall on 29th September 2018 at 02:00 PM

To create an awareness Programme on WorldHeartDayCelebrations

Mr. A. SAI KUMAR has given a speech about the importance of World Heart Day. World Heart Day is celebrated every year on 29 September. World leaders committed to reducing global mortality from non-communicable diseases. Cardiovascular disease is accountable for nearly half of all deaths making it the world's number one killer.



NO OF PARTICIPENTS:50

OUTCOME: The students have attended the WorldHeartDayCelebrations and they gain some knowledge about heart diseases and preventive measures related to information.

8. Ozone Day Celebrations

By Dr. A. Kotishwar

In Seminar Hall on 01st October 2019 at 03:00 PM

To create an awareness Programme on OzoneDay. Dr. A. Kotishwar has given a speech about the importance of the Preservation of the Ozone Layer is celebrated on September 16 every year.



No of participants:53

Outcome: the students have attended the Ozone Day Celebrations and they gain some knowledge about protecting the ozone layer.

9. An awareness Programme on
“Prevention of Tobacco products”
By Ms. K. Swapna
In Seminar Hall on 08th OCT 2018 at 03:00 PM



NO of PARTICIPANTS: 49

Outcome: Students have realized the consequences of using tobacco products.

10. “An Awareness Seminar on Digital Rights”

In Auditorium on 31st October 2018 10:00 AM

An Awareness seminar on Digital Rights held on 31st October 2018 by Dr.V. Ramaraju, Professor. He explained about policy making, Digital ID, data privacy, digital economy, internet governance, business and human rights in tech and emerging technologies.



No of Participants:62

Outcome: Students have understood various digital rights and laws, acts related to Internet and technologies.

11. Heartfulness Meditation - Stress Management

Date: 04.11.2018

BY R.AKKHILESH (CMRCET)

Today in CMR central auditorium, it was all filled with thoughts of peace and spiritualness in the minds of each and everyone. The students of CMR experienced the peace of mind through the meditation. The Heartfulness Foundation run under the "SHRI RAM CHANDRA MISSION" is one of those foundations that imparts meditation practice across the world and the founder himself Kamlesh.D.Patel was amongst us to train us and help us tread the path of eternal peace and clear the bad energies in order to remain clean even from the inner self. It is important that we inculcate the practice every day so that we remain always distressed and perform our works. Some of the gist points which I found really interesting like:-

- When you think with your heart you always get right answers and make right decisions.
- Second thing that impressed me was the way he spoke of consciousness quotient that is the supreme force that controls our whole life processes. He says that ,when your heart and mind are quarrelling among themselves ,it is important that one sticks to heart but we choose our mind and end up taking wrong decisions that may impact our life in a hazardous way.
- Third and the last thing I would like to mention is that never react to any situation and wait for a few moments and then respond which is one of the anger management tips that we receive.

I would like to add my own experience in this which goes as follows:

First thing is that the meditation that I was doing for may be 5 to 6 years in the mornings and the kind of meditation I did had a huge difference .At first when we were asked to meditate in our own way I felt like I was deviating from my mindset .As we all know ,the mind is a super power that can go up to any

extent ,so I was not able to concentrate on my meditation but after the heartfelt meditation I felt like bliss all around me .Surprisingly, I never got deviated and could do the meditation with at most concentration. So I would like to conclude that overall my experience of today has made me realize that it is important that we conduct ourselves well and this is possible with MEDITATION i.e. to integrate your heart and mind together for a better life ahead.

The above event was organized by the **Student Counseling Cell** with an **aim** to make the students life stress free with meditation.



Daaji with the Principal Major Dr. V.A. Narayana

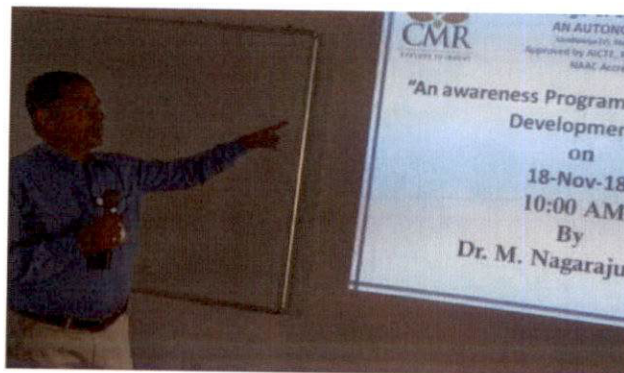


12. AN AWARENESS PROGRAMME ON “AGRICULTURAL DEVELOPMENTS”

By Dr. M. Nagaraju Naik

In seminar hall on 18th November 2018 at 10:00AM CMRCET

Dr. M. Nagaraju Naik has shared his views with the students. Agriculture development means providing assistance to the crop producers with the help of various agricultural resources. Providing protection, assisting in the research sphere, employing the latest techniques.



No of Participants:52

Outcome: Students have understood that how agriculture and its development help the country in various ways.

13. Seminar on Osteoporosis: Care for Both Genders

Date: 20.11.2018

The third year MBBS students of Bhaskar Medical College representing MSAI (Medical Students Association of India) conducted a seminar on Osteoporosis for all the female faculty of CMR College of Engineering & Technology on 20th November to bring awareness in women. This event was completely patronized by the Secretary and Correspondent, Mr. C.H Gopal Reddy and Principal, Major Dr. V.A. Narayana of CMR College of Engineering & Technology, owing to the care and concern of the women force working for the college. The awareness Programme was a huge success as all the faculty were sensitised towards the growing problems in menopausal women. The event was coordinated by Ms. Rohini Reddy and Ms. Rosy Matilda and organized by the **Student Counseling Centre** and the **Women's Protection Cell, Mudita (Women Empowerment Centre)**.



Medical Students with the Principal Major Dr. V.A. Narayana

14. AN AWARENESS PROGRAMME ON HUMAN RIGHTS TO WATER AND SANITATION

By Mr.D.Bhanumurthy

In Auditorium on 23-11-2018 at 3:00 PM

To create an awareness about human rights to water entitles everyone to sufficient, safe acceptable, physical accessible and affordable water for personal and domestic uses of people



Participants:65

Outcome: Students have realized the importance of human rights to water and sanitation.

15. An Awareness Programme on “National Identity Elements”

By Ms. P. Usha Vaidehi

In Auditorium on 26th November 2018 10:00 AM

“India is one of the oldest civilizations in the world with a kaleidoscopic variety and rich cultural heritage. It has achieved all-round socio-economic progress since Independence”. She Said.



No.Of Participants:65

Outcome: National consciousness, at a glance, is one's level of awareness, of the collective, and one's understanding that without "them" there is no "us"

16. “Army Flag Day Celebrations”

By Dr.G.Srinivasa Rao
In Auditorium
on 07-12-2018 at 10.00AM

This is a Programme conducted to know the Greatness of Army. Army just in a single word can say pride of India, The struggles, problems, and sacrifices of soldiers and Importance and Greatness of soldiers.



No of Participants:43

Outcome: Students have understood the importance of Indian Army and Army flag and its day.

17. Aids Day-An Awareness on Prevention of AIDS Disease

By Dr. Ramaraju

In Seminar Hall on 13th December 2018 at 10:00 AM

Speaker spoke that World AIDS Day, held each year on December 1, is an opportunity to celebrate and support global efforts to prevent new HIV infections, increase HIV awareness and knowledge, and support those living with HIV.



No of Participants: 85

Outcome: Students have understood the symptoms of HIV and measures to be taken to deal with HIV.

18. “NATIONAL ENERGY CONSERVATION CELEBRATIONS”

By Mr.SyedRafeeq

In seminar hall on 14th December 2018 at 2:00 PM

Mr.SyedRafeeq spoke about the actual meaning of energy conservation which is to avoid unnecessary use of energy and to use at least energy so that energy sources can be saved for future uses and to make energy conservation plans more effective, every person should include energy conservation in their behavior. National energy conservation day is celebrated every year by the people all over India on the 14th of December. The Energy Conservation Act in India was executed by the Bureau of Energy Efficiency (BEE) in the year 2001.



No of Participants:46

Outcome: The students have understood about preserving the environment.

19.A Seminar on Promoting Environmental Friendly Products

By Dr. Mohd Dilshad Ansari

In Seminar Hall on 18th December 2018 at 02:00 PM

“Pollution is one of the major concerns that our world is facing nowadays. It can be related to cutting down trees, limiting supplies, exploitation of natural resources etc. Even the water today in most of the localities is not fit for drinking as most of the industries omit toxic material and waste material into pure water.” He said



NO of PARTICIPANTS:43

OUTCOME: Students have understood the contemporary changes in the laws, and measures to be taken by industries to make ecofriendly products.

20. An Awareness Programme on “Indian Constitution”

In seminar hall on 25-01-2019 at 10.00AM

By

Mr.P.Jagannadharao

He created awareness about the importance of understanding our constitution moreover youth must be able to know rights and obligations of people.



No of Participants:41

Outcome: Students are inspired with his insightful speech about Indian Constitution.

21. National Science Day Celebrations

In Auditorium on 7th February 2019 at 10:00AM

By Dr.Srinivasa Varma, Professor

Dr.Srinivasa Varma spoke about the basic objective in the observation of National Science Day is to spread the message of the importance of science and its application among young people and the essential part is to accelerate the pace of development.



No of Participants:86

Outcome: the students have attended and the students have understood the Importance of National Science Day.

22. “World Day of Justice Celebrations”

In Auditorium on 20-02-2019 at 10:00 AM

By

Dr.P. Vijaya Lakshmi

She spoke about the World Day of Justice which is an international day recognizing the need to promote social justice, which includes efforts to tackle issues such as poverty, exclusion, gender, equality, unemployment, human rights, and social protections



No of Participants:49

Outcome: Students understood the role of various governments to recognize the strengthening system of international justice.

23. Breast Cancer Awareness: Risks for Both Genders

Date: 23.02.2019

The fourth year MBBS students of Bhaskar Medical College representing MSAI (Medical Students Association of India) conducted a seminar on 'Breast Cancer Awareness' for all the male and female faculty of CMR College of Engineering & Technology on 23rd February 2019 to bring awareness on breast cancer prevention. This event was completely patronized by the Secretary and Correspondent, Mr. C.H Gopal Reddy and Principal, Major Dr. V.A. Narayana of CMR College of Engineering & Technology, owing to the care and concern of the faculty working for the college and their families as well. The awareness Programme was a huge success as all the faculty was sensitized about self examination and its role in the early detection of breast cancer. The event was coordinated by Ms. Rohini Reddy and Ms. Rosy Matilda and organized by the **Student Counseling Centre** and the **Women's Protection Cell, Mudita (Women Empowerment Centre)**.

The **aim** of this event was to sensitize all the men and the women in the college about the early detection of Breast cancer.

Seminar on
Breast Cancer Awareness

February 23rd 2019

By

*Medical Students Of BHASKAR MEDICAL
COLLEGE, Moinabad
Representatives of MSAI*



CMR College of Engineering & Technology

Medchal, Hyderabad, Telangana.



Students from Bhaskara Medical College speaking on Breast Cancer Awareness

**24. Awareness Programme on
“Water Preservation Auditorium”**

on 2nd March 2019 at 02:00 PM

by Mr.P.Jagannadharao

Awareness of water conservation is necessary to increase people's knowledge of water resources, water use, and the need to conserve water.



No of participants:115

Outcome: The students have gained knowledge about water preservation in this awareness program.

25. Women's Day – Celebrating womanhood

Date: 08.03.2019

Walking through history, women who were given importance contributed a lot to the society. In the past few decades women have been time and again breaking gender barriers and have always proved themselves to be on par with their male counterparts. It's a day when we celebrate the amazing social, cultural, economic and political achievements of women. On 8 March 2019 CMR College of Engineering & Technology celebrated women's day to salute the (s)heros of the college. The college honoured the entire female faculty who stood as a pillar of strength for the college, since the beginning. This year the Programme was graced by Ms. Saajida Khan (Rashtrapati award for being first woman Sound Engineer) as the Chief Guest, Ms.J Padmavathi (Medchal MPDO) and Ms. Sashikala (Head Mistress for Government School, Medchal).

The event was organized by the **Student Counseling Centre** and the **Women Empowerment Committee** with an **aim** to meet the empowered women and be aware of the need for women empowerment.



26. National Nutrition Day Celebrations to promote Social Cohesion

By Dr. A. Kotishwar

In Seminar Hall on 01st April 2019 at 10:00 AM



No of Students: 42

Outcome: Students have understood the importance of nutrition intake to their health