

An Autonomous Institution with NAAC Accreditation (A Grade)
*Approved by AICTE *Permanently affiliated to JNTUH *NBA Accreditation
Kandlakoya (V), Medchal Road, Hyderabad -501401.

Date: 29/07/2018

To.
The Principal
CMRCET
Kandlakoya (V)
Medchal Road
Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct a seminar on Personal and Menstrual Hygiene and Self Esteem for better living -reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to conduct seminar on Personal and Menstrual Hygiene and Self Esteem for better living.

Date of Event: 30/07/2018

· Name of event: Seminar on Personal and Menstrual Hygiene and Self Esteem for better living

Venue of event: CMRCET BLOCK 1 Room number 104

I request you to grant me permission and do the need full.

Kerommenlid

Thanking you

Yours sincerely

(K.L.S.Soujanya)

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29/7/17



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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-02

CIRCULAR

All the lady staff and second year girl students are here by informed that there is a seminar on Personal and Menstrual Hygiene and Self Esteem for better living organized by WEC -MUDITA in association with Women protection cell and student counseling cell.

Event Details:

Date: 30/07/2018

Time: 2:30 PM to 3:30 PM

Venue: CMRCET BLOCK 1 Room number 104.

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

Date: 29/07/2018

Copy Submitted to: (1) The Secretary Garu – For your kind information Pl.

- 1. IQAC coordinator
- 2. Deans
- 3. Examination Branch
- 4. All HODS
- 5. Administrative Officer
- 6. Accounts Officer
- 7. Librarian
- 8. Training &Placement
- 9. Faculty Concerned
- 10. Student Notice Board



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Report: Personal and Menstrual Hygiene and Self Esteem for Better Living

Date: 30.07.2018

Feminine hygiene is a big deal not just because of period it's also because of sweat which has stronger odour during periods. Keeping the under arm and genital areas clean means feeling fresh and comfortable. Of course staying on top of personal hygiene during periods is especially important.

When a girl has her period a small amount of bleeding takes place from her Vagina. This bleeding is considered as menstruation and is not something to be scared of. It is important to counsel the girls regarding use of napkins, sanitary pads or tampons and to be changed every few hours during the day even if the flow of blood is not very great. Counseling should be given to girls to wear fresh underwear everyday and change the sanitary pads to avoid menstrual odour. It is important to clean the genital area twice a day, it not only means being confident to smell ok but also that won't be risked of getting infection.





CMR

CMR COLLEGE OF ENGINEERING & TECHNOLOGY

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Girls feel uncomfortable or have cramp like pains in the abdomen, when they have periods, to avoid this pain they can go for regular exercise or walking. It is important to take iron related food not only during the periods but also regularly.

Dr. KLS Soujanya Proffesor. of the CSE Department convenor WEC – MUDITA conducted the session for the second year girl students. This event was organized by the Women's Protection Cell, Mudita (Women Empowerment Cell)with an aim to dispel the taboos attached to Menstruation.



An Autonomous Institution with NAAC Accreditation (A Grade)
*Approved by AICTE *Permanently affiliated to JNTUH *NBA Accreditation
Kandlakoya (V), Medchal Road, Hyderabad -501401.

Date: 16/08/2018

To.
The Principal
CMRCET
Kandlakoya (V)
Medchal Road
Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct a seminar on Gender Equality in education with reference to Telangana - -reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to conduct seminar on Gender Equality in education with reference to Telangana.

Date of Event: 20/08/2018

Name of event : Seminar on Gender Equality in education with reference to Telangana

Venue of event: CMRCET BLOCK 1 Room number 104

I request you to grant me permission and do the need full.

Thanking you

Yours sincerely

(K.L.S.Soujanya)

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16/1/17



An Autonomous Institution with NAAC Accreditation (A Grade)
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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-03

CIRCULAR

All the third year students of civil branch are here by informed that there is a Seminar on Gender Equality in education with reference to Telangana organized by WEC – MUDITA in association with student counseling cell.

Event Details:

Date: 20/08/2018

Time: 2:30 PM to 3:30 PM

Venue: CMRCET BLOCK 1 Room number 104.

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

Date: 18/08/2018

Copy Submitted to: (1) The Secretary Garu – For your kind information Pl.

- 1. IQAC coordinator
- 2. Deans
- 3. Examination Branch
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Report: Gender Equality in education with reference to Telangana - Seminar

Date: 20.08.2018

Inquiries into forms of injustice and inequality identified gender inequality as one of the most persistent forms of injustice across societies and cultures. Not surprisingly gender equality has become central to the idea of development and focus of both policy makers and planners. For instance, The Beijing Declaration and Platform for Action, adopted at the UN's Fourth World Conference on Women (1995), identified "Education and training of women" as one of the twelve critical areas of concern. Thus, a study of the Sustainable Development Goal 4 for India, of the 17 SDGs adopted by the United Nations, reveals that only 65.46% of women are educated as compared to 82.14%. The study also reveals that for every 100 girls enrolled in primary education, 74.6% of women are not enrolled in higher education. It is in this context that CMR CET conducted a one day seminar on "Gender Equality in Education" on 20th August 2018.







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The college invited Dr. A.Usha Bala as the chief guest to address the students and the faculty. In her speech she traced the socio economic history of Telangana and its impact on educational achievement of Women. She also dwelt on educational institutions established to impart education. She talked about the contribution of institutions like Koti Women's College, Osmania University, Durgabhai Deshmukh College for Women and other such institutions. While higher educational had institutions existed in Telangana, the lack of tertiary level institutions made it difficult for women to continue their education beyond primary level. Thus according to 2001 statistics there is a gap of 22.1% between men and women in Telangana. There was reduction of 6.56% compared to 1991 statistics. According to Census 2011 the literacy rate of Telangana is 66.5%. The female literacy ratio is lower than the national average of 65.5%. She explained how Telangana faces some challenges in the form of inability of Tribal communities, nomadic and migrating.

The **aim** of this event is to apprise the women faculty and girl students of the situation of girl education in Telangana and how to improve it. This was organized by the **Student Counseling Centre** and the **Women Empowerment Cell**.



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Date: 25/09/2018

To. The Principal **CMRCET** Kandlakoya (V) Medchal Road Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct a seminar on awareness for the lady faculty on research grants exclusively for women by DST--reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to conduct seminar on. awareness for the lady faculty on research grants exclusively for women by DST

- Date of Event: 29/09/2018
- Name of event: Seminar on awareness for the lady faculty on research grants exclusively for women by DST
- Venue of event: CMRCET AUDITORIUM

I request you to grant me permission and do the need full.

Thanking you

Yours sincerely

(K.L.S.Soujanya)

Recommended

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Kandlakoya (V), Medchal Road, Hyderabad -501401.

CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-04

Date: 26/08/2018

CIRCULAR

All the Faculty are informed that a Seminar on awareness for the lady faculty on research grants exclusively for women by DST is conducted. All the faculty concerned are requested to attend and get the information.

Event Details:

Date: 29/09/2018

Time: 11.00 AM to 12.00 PM

Venue: CMRCET AUDITORIUM

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

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CMR

CMR COLLEGE OF ENGINEERING & TECHNOLOGY

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REPORT: Seminar on awareness for the lady faculty on research grants exclusively for women by DST.

The event was attended by all the faculty and specially the lady faculty got the awareness of what are the various schemes which are exclusive to ladies. And got the awareness of how much the government is supporting the women in science and technology. The speaker of the day was Dr Merugu Suresh who is an expert in writing the proposals for the projects.





He also guided the Faculty on writing the proposals



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Date: 17/11/2018

To. The Principal **CMRCET** Kandlakoya (V) Medchal Road Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct a seminar on Osteoporosis - care from childhood--reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to conduct seminar on Osteoporosis - care from childhood.

Date of Event: 20/11/2018

Venue of event: CMRCET AUDITORIUM

I request you to grant me permission and do the need full.

Thanking you

Repurmended
(K.L.S.Soujanya)

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(X.L.S.Soujanya)



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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-05

Date: 19/08/2018

CIRCULAR

All the lady faculty are informed that a Seminar Osteoporosis – care from childhood is conducted .All the faculty concerned are requested to attend and get benifitted.

Event Details:

Date: 20/11/2018

Time: 11.00 AM to 12.00 PM

Venue: CMRCET AUDITORIUM

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

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Report : Seminar on Osteoporosis: Care for both Genders

Date: 20.11.2018

The third year MBBS students of Bhaskar Medical College representing MSAI (Medical Students Association of India) conducted a seminar on Osteoporosis for all the female faculty of CMR College of Engineering & Technology on 20th November to bring awareness in women. This event was completely patronized by the Secretary and Correspondent, Mr. C.H Gopal Reddy and Principal, Major Dr. V.A. Narayana of CMR College of Engineering & Technology, owing to the care and concern of the women force working for the college. The awareness program was a huge success as all the faculty were sensitized towards the growing problems in menopausal women. The event was coordinated by Ms. Rohini Reddy and Ms. Rosy Matilda and organized by the **Student Counseling Centre** and the **Women's Protection Cell, Mudita** - (Women Empowerment Centre).



Medical Students with the Principal Major Dr. V.A. Narayana



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Kandlakoya (V), Medchal Road, Hyderabad -501401.

Date: 12/02/2019

To.
The Principal
CMRCET
Kandlakoya (V)
Medchal Road
Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct Blood Donation Camp: Awareness of Emergency Blood Donation - -reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to Blood

Donation Camp: Awareness of Emergency Blood Donation

Date of Event: 16/02/2019

Venue of event: EEE Seminar Hall

Recommended

I request you to grant me permission and do the need full.

Thanking you

Yours sincerely

(K.L.S.Soujanya)



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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-06

Date: 14/02/2019

CIRCULAR

 All the faculty and students are informed that a blood donation camp is conducted by WEC –MUDITA in association with NSS and women protection cell. All the concerned to attend.

Event Details:

Date: 16/02/2019

Time: 11.00 AM to 2.00 PM

Venue: EEE Seminar Hall

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

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Report : Blood Donation Camp: Awareness of Emergency Blood Donation

Date: 16.02.2019

Every year 14 June is celebrated as World Blood Donor Day in order to raise awareness about the importance of safe and voluntary blood donation and also to thank the donor community. The themes that are selected to observe blood donor day over the years indicate how blood overcomes national and sectarian barriers. For instance the theme for 2016 is: "blood connects us all." Similarly the theme for 2013 is "give the gift of life: donate blood." But unfortunately awareness about the need for voluntary blood donation has not spread among the general public. This is important because in situations of emergency like accidents or natural calamities availability of blood donor becomes critical in saving lives, especially in the cases of rare blood groups like O negative. Thus one should be able to reach out to the blood donors immediately in medical emergencies where time is crucial since compatibility tests have to be conducted before blood transfusion. So there is a need for a record of donors to be prepared, which should include as many as possible.





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CMR College of Engineering & Technology organized a Blood Donation Camp on 16th of February 2019, in collaboration with Osmania General Hospital. This was organized to commemorate the martyrdom of 40 plus Jawans of the CRPF at Pulwama. The above event was jointly organized by NSS and the Women's Protection Cell, Mudita -Women Empowerment Cell.



An Autonomous Institution with NAAC Accreditation (A Grade)
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Kandlakoya (V), Medchal Road, Hyderabad -501401.

Date: 21/02/2019

To.
The Principal
CMRCET
Kandlakoya (V)
Medchal Road
Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to conduct Breast Cancer Awareness: Risks for Both Genders -reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to Breast Cancer Awareness: Risks for Both Genders

Date of Event: 23/02/2019

Venue of event: CMRCET AUDITORIUM

Reomended

I request you to grant me permission and do the need full.

Thanking you

Yours sincerely

(K.L.S.Soujanya)



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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-07

Date: 21/02/2019

CIRCULAR

 All the faculty are informed that Breast Cancer Awareness: Risks for Both Genders IS organized by by WEC –MUDITA in association Women protection cell and student counseling cell. The speakers are the volunteers of medical student association of India All the concerned are requested to attend.

Event Details:

Date: 23/02/2019

Time: 2.00 PM to 4.00 PM

Venue: CMRCET AUDITORIUM

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

<u>Copy Submitted to</u>: (1) The Secretary Garu – For your kind information Pl.

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- 10. Student Notice Board



An Autonomous Institution with NAAC Accreditation (A Grade)

*Approved by AICTE *Permanently affiliated to JNTUH *NBA Accreditation Kandlakoya (V), Medchal Road, Hyderabad -501401.

Report: Breast Cancer Awareness: Risks for Both Genders

Date: 23.02.2019

The fourth year MBBS students of Bhaskar Medical College representing MSAI (Medical Students Association of India) conducted a seminar on 'Breast Cancer Awareness' for all the male and female faculty of CMR College of Engineering & Technology on 23rd February 2019 to bring awareness on breast cancer prevention. This event was completely patronized by the Secretary and Correspondent, Mr. C.H Gopal Reddy and Principal, Major Dr. V.A. Narayana of CMR College of Engineering & Technology, owing to the care and concern of the faculty working for the college and their families as well. The awareness program was a huge success as all the faculty wassensitized about self examination and its role in the early detection of breast cancer. The event was coordinated by Ms. Rohini Reddy and Ms. Rosy Matilda and organized by the **Student Counseling Centre** and the **Women's Protection Cell, Mudita** (Women Empowerment Centre).

Seminar on Breast Cancer Awareness

February 23rd 2019

By

Medical Students Of BHASKAR MEDICAL

COLLEGE, Moinabad

Representatives of MSAI



CMR College of Engineering & Technology

Medchal, Hyderabad, Telangana.



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Students from Bhaskara Medical College speaking on Breast Cancer Awareness

The **aim** of this event was to sensitize all the men and the women in the college about the early detection of Breast cancer.



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Date: 1/03/2019

To. The Principal **CMRCET** Kandlakoya (V) Medchal Road Hyderabad-501401.

Dear Sir,

Through: IQAC Coordinator

Sub: Requesting permission to celebrate International Womens day -reg

I, Dr.K.L.S.Soujanya, convener of the WEC-MUDITA request your permission to celebrate International Womens day-2019, celebrating womenhood.

Date of Event: 08/03/2019

Venue of event: CMRCET AUDITORIUM

I request you to grant me permission and do the need full.

Thanking you

Yours sincerely

Repunsional (K

permission granted

permission granted (K.L.S.Soujanya)



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CMRCET/PRIN/WEC-MUDITA/AY2018-19/CIR-08

Date: 05/03/2019

CIRCULAR

All the faculty are informed that International Womens day is being celebrated in our college. The event is organized by WEC -MUDITA in association student counseling cell and aarbdi -the cultural committee All the concerned are requested to attend.

Event Details:

Date: 08/03/2019

Time: 2.00 PM to 4.00 PM

Venue: CMRCET AUDITORIUM

Contact: Mrs K.L.S.Soujanya, Convener (9948143850).

Convener

Principal

Copy Submitted to: (1) The Secretary Garu - For your kind information Pl.

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Kandlakoya (V), Medchal Road, Hyderabad -501401.

Report: Women's Day - Celebrating womanhood

Date: 08.03.2019

Walking through history, women who were given importance contributed a lot to the society. In the past few decades women have been time and again breaking gender barriers and have always proved themselves to be on par with their male counterparts. It's a day when we celebrate the amazing social, cultural, economic and political achievements of women. On 8 March 2019 CMR College of Engineering & Technology celebrated women's day to salute the (s)heros of the college. The college honoured the entire female faculty who stood as a pillar of strength for the college, since the beginning. This year the program was graced by Ms. Saajida Khan (Rashtrapati award for being first woman Sound Engineer) as the Chief Guest, Ms.J Padmavathi (Medchal MPDO) and Ms. Sashikala (Head Mistress for Government School, Medchal.



The event was organized by the **Student Counseling Centre** and the **Women Empowerment Cell -MUDITA** with an **aim** to meet the empowered women and be aware of the need for women empowerment.