



CMR COLLEGE OF ENGINEERING & TECHNOLOGY

(AUTONOMOUS)

NAAC Accredited Institution with 'A' Grade

Kandlakoya (V), Medchal Road, Hyderabad -501401.

Strategic Perspective Plan for the Academic Year 2018-19

Sl. No.	Date of the Event	Dept./Committee	Name of the Event	Details
1	18-08-2018	Yoga & Meditation Cell	Yoga Asana Competition	Ten asanas will be given to participants out of which they had to perform four.
2	21-06-2019	Yoga & Meditation Cell	International Day of Yoga	The International Day of Yoga is observed around the world on 21 June. Practice of Yoga would increase flexibility and increase muscle strength. It also improves respiration, energy, vitality, and supports in a balancing metabolism.

Yoga & Meditation Cell - Strategy Document

1. Meeting of Yoga & Meditation Cell will be conducted twice in each academic year.
2. A brief synopsis is given on the importance of Yoga & Meditation Cell.
3. Students are registered for the cell.
4. Staff and students are encouraged to actively organize and participate in the activities of Yoga & Meditation Cell.
5. Yoga and meditation cell have given instructions and suggestions to the students about implementation of the events.

IQAC Coordinator

Coordinator
Internal Quality Assurance Cell
CMR College of Engineering & Technology
Kandlakoya (V), Medchal Road,
Hyderabad - 501 401.

Principal

PRINCIPAL
CMR COLLEGE OF ENGG. & TECH.
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